



NeoGraft Pre-op Instructions

Before Surgery

- Wash your hair the day before surgery with **Hibiclens** and your regular shampoo, in a 50/50 ratio, let sit for a minute and then rinse out. Do not wash your hair the day of the procedure
- Eat a good breakfast
- Wear a button down shirt or something easily removable
- Please arrive a few minutes early for your appointment. In the event that you may require medication. It is preferred that you be dropped off and picked up after your procedure.
- Medications will be given; this includes an antibiotic and a sedative.
- Complete your medical questionnaire and sign your consent forms **before** the surgery begins.
- Please review and follow the recommendations for foods and herbal supplements that should be avoided prior to surgery as they contain aspirin like (blood thinning) qualities and can complicate the surgery.
- Pre-operative photos will be taken for your chart only unless other arrangements have been made.
- Please consider what hairstyle you will wear for your procedure. The donor site will need to be shaven down to skin level. A short haircut will allow others to see you have had surgery versus a long haircut will enable us to comb your hair over the donor site and provide some camouflage.
- Please feel free to ask as many questions as you like. We want you to be well informed.
- Smoking is strongly prohibited as this will delay your wound healing time.
- If you color your hair, it is recommended that you color your hair a few days before your procedure. After the procedure, you must wait 6-8 weeks before you can color your hair again and a semi-permanent color should be used instead of a permanent hair color that may cause damage to your new grafts. Permanent hair color can be used 3 months after your surgery.

During the Procedure

- You may bring your own books or music as long as it is appropriate for everyone.
- At any time during the procedure you may use the restroom.
- We will break for lunch if your procedure is scheduled for the entire day.
- Friends and family are not allowed in the surgery room when the procedure is being done, however, they will be allowed to visit and check on your progress. By having others in a surgery suite lends to a non-sterile environment and is not encouraged by OSHA.

After Surgery

- You will be given all required prescriptions, medications and detailed post-op instructions.
- Should you have any questions concerning any aspect of your procedure, please call the office at **(302) 355-0005**.